

ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

Exeter St Hall

Brighton Youth Centre

Moulsecoomb Leisure

Community

St. Michael's

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AM

Money & Numbers

Sign & Shine

Creative Writing

GE Newsletter

Makaton

Start with Art

Collage

Collage

Art Media

Animation

Indoor Games

Exhibition Art

Scenery Production

Mosaics

Tennis & Walk

Film and Performance

Spotlight On

Performance

Dance & Movement

Allotment

Boccia

Cooking Confidence

Cooking

Make & Model

Football

Music Production

Bowling

Basketball

PM

Make and Create

Thrive for Life

Memory Games

Chair Yoga

Thrive for Life

Memory Games

Art Studio

Art Studio

Art Studio

Boccia / Games

Click Club

Click Club

Click Club

Click Club

Click Club

Printing

Lens on our World

Paper to Pixel

Walking Group

Step into Stories

Drama Workshop

Walking Group

Yoga & Movement

Film Production

Drawing Stories

Healthy Bake

Multi-sports

Cricket