

ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House	Exeter St Hall	Brighton Youth Centre	Moulsecoomb Leisure	Community	St. Michael's

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Money & Numbers	Sign & Shine	Creative Writing	GE Newsletter	Makaton
	Start with Art	Collage	Collage	Art Media	Animation
	Indoor Games	Exhibition Art	Scenery Production	Mosaics	Tennis & Walk
	Film and Performance	Spotlight On	Performance	Dance & Movement	Allotment
		Boccia	Cooking Confidence	Cooking	Make & Model
			Football	Music Production	
			Bowling	Basketball	
PM	Make and Create	Thrive for Life	Memory Games	Chair Yoga	Thrive for Life
	Memory Games	Art Studio	Art Studio	Art Studio	Boccia / Games
	Surf the Web	Surf the Web	Surf the Web	Surf the Web	Surf the Web
	Printing	Lens on our World	Paper to Pixel	Walking Group	Step into Stories
	Drama Workshop	Walking Group	Yoga & Movement	Film Production	Drawing Stories
			Healthy Bake	Multi-sports	
			Cricket		