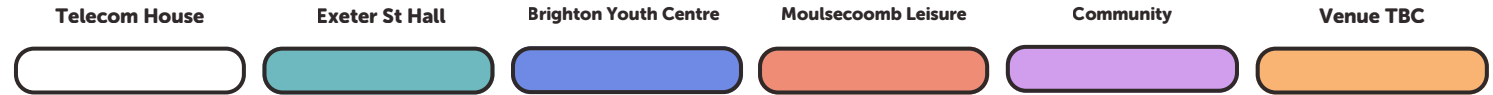


ACTIVE LIVES PROGRAMME 2026

VENUE KEY:



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AM

Money & Numbers

Sign & Shine

Creative Writing

GE Newsletter

Makaton

Start with Art

Collage

Collage

Art Media

Animation

Indoor Games

Exhibition Art

Scenery Production

Mosaics

Tennis & Walk

Singing and Music

Spotlight On

Performance

Dance & Movement

Allotment

Boccia

Cooking Confidence

Cooking

Make & Model

Football

Music Production

Bowling

Basketball

PM

Make and Create

Thrive for Life

Memory Games

Chair Yoga

Thrive for Life

Memory Games

Art Studio

Art Studio

Art Studio

Boccia / Games

Surf the Web

Surf the Web

Surf the Web

Surf the Web

Surf the Web

Printing

Lens on our World

Paper to Pixel

Walking Group

Step into Stories

Drama Workshop

Walking Group

Yoga & Movement

Film Production

Drawing Stories

Healthy Bake

Multi-sports

Cricket

ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

Exeter St Hall

Brighton Youth Centre

Moulsecoomb Leisure

Community

Venue TBC



MONDAY

AM

Money & Numbers



Start with Art



Indoor Games



Singing and Music



PM

Make and Create



Memory Games



Surf the Web



Printing



Drama Workshop



ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

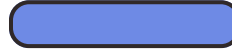
Exeter St Hall

Brighton Youth Centre

Moulsecoomb Leisure

Community

Venue TBC



TUESDAY

AM

Sign & Shine



Collage



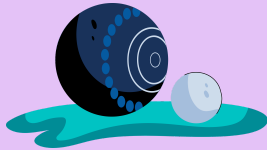
Exhibition Art



Spotlight On



Boccia



PM

Thrive for Life



Art Studio



Surf the Web



Lens on our World



Walking Group



ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

Exeter St Hall

Brighton Youth Centre

Mousecoomb Leisure

Community

Venue TBC



WEDNESDAY

AM

Creative Writing



Collage



Scenery Production



Performance



Cooking Confidence



Football



Bowling



PM

Memory Games



Art Studio



Surf the Web



Paper to Pixel



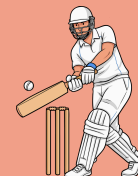
Yoga & Movement



Healthy Bake



Cricket



ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

Exeter St Hall

Brighton Youth Centre

Mousecoomb Leisure

Community

Venue TBC



THURSDAY

AM

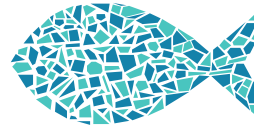
GE Newsletter



Art Media



Mosaics



Dance & Movement



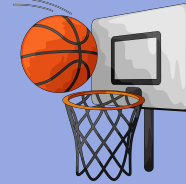
Cooking



Music Production



Basketball



PM

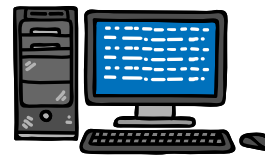
Chair Yoga



Art Studio



Surf the Web



Walking Group



Film Production



Multi-sports



ACTIVE LIVES PROGRAMME 2026

VENUE KEY:

Telecom House

Exeter St Hall

Brighton Youth Centre

Mousecomb Leisure

Community

Venue TBC



FRIDAY

AM

Makaton



Animation



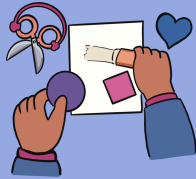
Tennis & Walk



Allotment



Make & Model

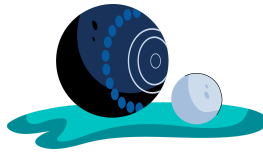


PM

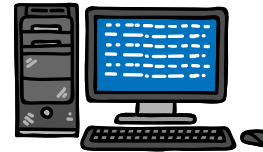
Thrive for Life



Boccia / Games



Surf the Web



Step into Stories



Drawing Stories

