Everyone can get involved!

There are loads of ways you can fundraise for Grace Eyre and help us in our work supporting people with learning disabilities, their families and carers.

Alcohol free
Go sober. No lager. No wine. Not even a shandy. It’ll all be worth it, because you’ll be swapping those pints for pounds as you raise plenty of cash.

Abseil
Get sponsored to abseil down a tall building, if you have the nerve! How about the i360 if you live near Brighton.

Art
Hold an art exhibition, it can even be online, and auction or sell off your work.
Brave the shave
Do something amazing. Whatever your reason for shaving your hair off, you'll be helping Grace Eyre to support people with learning disabilities and/or autism.

Bike ride
Try a challenging bike ride and get sponsored to do it!

Book sale
Have you been 'devouring' books during lock down? Why not pass them on for a donation?

Climb a mountain
Well, if you you're not able to climb an actual mountain, why not climb the equivalent height by walking up and down your stairs.

Come dine with me
You and a few friends could take turns to host a dinner party. At the end of each evening, you all rate the host’s performance. Ask for a donation to take part.

Car wash
Wash your friend's or family's car for a donation.

Donate your birthday
This year instead of asking for loads of pressies, make a real difference by getting your nearest and dearest to give a donation to Grace Eyre instead. Facebook make it super easy for you to use your birthday to raise money for a cause that’s important to you.

Dress down day
Donate a small amount to come into work wearing your casual clothes, or a larger amount to go one step further and come in fancy dress!

Dance competition
Get everyone to perform their very own version of a famous dance routine in front of a panel of judges. Get spectators and contestants to donate – best thing is, you can do this all on Zoom.

ebay your stuff
Why do I still have these CDs, you might ask. Well, sell all your unwanted stuff online and donate some or all the money to Grace Eyre.

Egg and spoon race
Fun for kids or just a retro sports day for adults!
Film night
Invite your friends round for a film night.

Football match
A full match or a penalty shoot out, depending on how energetic you are! Run it as a competition and ask for a donation for taking part and for spectating.

Fashion show
Host a fashion show with support from local clothes shops or designers and ask spectators for a donation.

Give up social media
An easy enough idea but harder than you think to do. Give it a go for a day or a week; get out into the real world and raise money!

Games night
Simply set up a games console night with your friends and family, or re-live your youth with games like Twister, Trivial Pursuit, Monopoly...

Guess the number
Put a load of sweets in a jar and ask your friend colleagues to donate a small amount to guess the number. Simple!

Hero Day
Superman, Batman, Catwoman, Wonderwoman... whoever it might be, dress up as your hero for the day.

Helping Hands
Get people to sponsor you for helping them out with chores like vacuuming, cleaning and walking the dog.

Halloween Party
No explanation required!

Ironing
Do you like ironing? Offer your ironing skills for a donation.

Inclusive Sports
Get everyone involved and raise awareness and raise funds for Grace Eyre.

Information Day
Raise awareness for people with learning disabilities and Grace Eyre and collect donations.

JustGiving
Already thought of a fundraising idea and want to get your friends and family to sponsor you? Visit JustGiving and create your own account.
Jewellery making
People love a good rummage and it’s always a good fundraiser.

Jumble Sale
Buy your own beads and make bracelets or necklaces.

Karaoke Night
Ask for a donation for entry to a karaoke night.

Knitting
Make jumpers, scarves and hats.

Learn a new skill
Remember when you said you wanted to learn to salsa? Or even playing the guitar, rollerblading or doing magic? Get sponsored to learn that skill you’ve always promised to master and put on a show.

Lawn mowing
Help a friend or neighbour by mowing their lawn and ask for a donation.

Lucky dip
Seek donations to take part in a lucky dip for small presents provided by your colleagues.
Run a marathon!
Try this ultimate running challenge, or some other kind of endurance test.

Grow a moustache!
Dye it Grace Eyre blue for extra cash!

Name the teddy bear!
Rupert? Yogi? Jason? Whatever you’ve christened your teddy bear, keep it to yourself. Then make a list of 100 names, and charge people £1 to pick the one they think its called. The person with the correct name gets to keep the teddy, while all the proceeds go to Grace Eyre. Simple!

No vices
Get people to sponsor you to give up your favourite treats or social media.

Odd job day
Do your neighbours a favour - do shopping, hang pictures, wash cars etc in return for donations.

Photo competition
Get together and put your snapping skills to the test! Why not choose a theme for your photography competition? Get friends and family to pitch in a couple of quid to take part, and make things picture perfect.

Parachute jump
Dare to leap out of an aeroplane to raise money?

Quids in
Get your school or club to cover a distance using pound coins. It could be a mile, or it could be the length of a school hall or playing field. Whatever the distance covered, the money raised will go a long way to help people with learning disabilities.

Quiz night

Retail therapy
Sacrifice three luxury items from your weekly household shop and donate the money you save. Encourage friends and colleagues to do the same.

Raffle
Does what it says on the tin!

Run
Take part in a sponsored run, do it yourself or join an organised event.

Readathon
How many books can you get through in a month or two?
Smile Amazon
Wouldn’t it be great if every time you bought something from Amazon you were helping to make a difference? Well with Smile Amazon you can. Amazon will donate 0.5% of your net purchase price to a charitable organisation of your choice.

Swim

Sponsored silence

Sponsored silence

Tea party
Why not hold your own ‘Great Tea Party’ to support Grace Eyre.

Ugly jumpers
School corridors, shop and office floors are often a catwalk. Flip this on its head and ask your pupils or colleagues to don their most tragic jumpers. Prizes for the best (worst).

Unwanted present
Don’t hide unwanted presents - do some good and sell the gifts that aren’t to your taste.

Volunteer
Volunteers are at the heart of everything we do. You can join a fundraising group or get involved with coordinating fundraising collections for Grace Eyre.

Vanity check
Be sponsored to go without make-up or hair gel for a day or even for a week!

Wine and cheese night
Whether it’s Lambrusco and Philadelphia or a Sauvignon Blanc and cheese and onion crisps, hosting a wine and cheese evening is dead easy – and a great way to raise a few pounds. Go for it!

Who’s the baby?

X marks the spot
Organise a treasure hunt.

Your event
None of the above tickle your fancy? Then raise money your way for Grace Eyre and let us know if there is anything we can do to help.

Yogathon

Zumbathon
Encourage your local Zumba® group to take part in a Zumbathon to raise money for Grace Eyre. Bust a move and watch the money mount up.

Zip Slide
Give Brighton Zip a go!
Thank you for supporting Grace Eyre.

We could not do what we do without your support.

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