

## Volunteer Opportunities

- **Travel Buddy Volunteer** – The travel buddy scheme supports adults with learning disabilities travel safely and independently. As a volunteer you would support this project and help our service users to learn new skills, raise confidence and to work towards travelling independently.
- **Job Coach Volunteer** - Your role as a volunteer will involve you working alongside individual service users in the workplace and helping them to carry out practical or written tasks. This could include supporting the service users to travel to and from the place of work. This is a rewarding opportunity which will help a person with a learning disability gain confidence and develop new skills in the workplace.
- **Reception Volunteer** – to help cover the reception area during lunch times and at other times when staff are on holiday or off sick. Duties will include supervising the signing in of visitors, answering the phone and operating the door. This would suit someone who lives fairly locally and could help between 12am – 1pm a couple of times a week.
- **Special Olympics Volunteer** – If you have a passion for sports - then the Brighton and Hove Special Olympic Team need's you! We support service users within wide range of sporting activities from indoor bowling to sailing and volunteering opportunities can include coaching, escorting and administration work.
- **Day Centre Volunteer** – If you enjoy activities such as art, numeracy, cooking and singing you could join in and help at one of our various daily activity sessions. We always need help for our Artists Open House in May.
- **Allotment Volunteer** - to help with regular maintenance of the Grace-Eyre allotment – digging, weeding and watering of plants - particularly over the summer months. Help would also be welcome at the weekly group allotment session.
- **Service User Volunteer** - To help individual service users to develop a specific skills or interest. Such as play darts or learning to use the internet.
- **Angel Café Volunteer** - To assist with food preparation, serving of customers and washing up at the café at the Avondale centre.
- **Volunteer Trustee** - As a member of the Grace Eyre Board of Trustees you are responsible for the management and development of the charity and the services offered to Adults with Learning Disabilities.

- **Shared Lives Panel Volunteer** - This is an opportunity for people to share their knowledge and life skills to approve Shared Lives carers who offer people with learning disabilities the opportunity to live within their home and participate as part of their family.